

High School Lunch Menu April 2017

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs	
3		4		5		6		7		PREMIUM OPTION An alternate premium entrée featuring a larger portion and an extra side for \$3.00. April 5 Baked Chicken (0) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15) April 12 Meatloaf (6) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15) April 19 Baked Chicken (0) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15) April 26 Italian Beef (0) WG Bun (27) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15)
Teriyaki Chicken	10	Pancakes WG / Syrup	15/30	Popcorn Chicken	16	Cheese French Bread	33	Big Daddy Pepperoni Pizza	43	
Rice	45	Sausage Patty	1	BBQ Sauce	9	Red Dipping Sauce	14	Cucumber Slices	0	
Cherry Tomatoes	2	Romaine Salad / Ranch	3/8	Sweet Potato Fries	19	Mashed Potatoes	17	Zucchini Slices	2	
Red Delicious Apple	28	Celery Sticks	1	Refried Beans	20	Mixed Fruit	17	Ranch Dressing	1	
Milk (assorted)	15	Mandarin Oranges	17	Chilled Pears	14	Milk (assorted)	15	Banana	15	
		Milk (assorted)	13	Milk (assorted)	15			Milk (assorted)	15	
10		11		12		13		DAY OF NON ATTENDANCE NO SCHOOL		
Nacho Bites	32	Hot Dog / WG Bun	1/26	Cheeseburger	29	Green Chile Quesadilla	32			
Salsa	8	Potato Wedges	22	WG Bun	26	Broccoli	2			
Fresh Spinach Salad	10	Cucumber Slices	0	Sweet Corn	23	Refried Beans	20			
Craisins Strawberry	36	Ranch Dressing	1	French Fries	13	Orange Wedges	21			
Milk (assorted)	15	Fruit Slushie	20	Diced Peaches	15	Milk (assorted)	15			
		Milk (assorted)	15	Milk (assorted)	15					
17		18		19		20		21		
Orange Chicken	19	Shrimp Poppers	44	Popcorn Chicken	16	Corn Dog Nuggets	22	Big Daddy Cheese Pizza	36	
Rice	45	Edamame	9	Dinner Roll	20	Fresh Spinach Salad	5	Cucumber Slices	0	
Cherry Tomatoes	2	Sweet Potato Fries	16	Smiley Potatoes	24	Seasoned Potato Wedges	18	Baby Carrots	5	
Red Delicious Apple	28	Craisins Strawberry	36	Sweet Corn	17	Golden Delicious Apple	22	Ranch Dressing	1	
Fresh Spinach Salad	10	100% Juice Cup	15	Diced Peaches	13	Milk (assorted)	15	Orange Wedges	21	
		Milk (assorted)	15	Milk (assorted)	15			Milk (assorted)	15	
24		25		26		27		28		
INSTITUTE DAY NO SCHOOL		Corn Dog	33	Chicken Patty	16	French Toast Sticks / Syrup	26/30	Cheese Sticks	33	
		Romaine Salad	3	WG Bun	27	Sausage Links	0	Red Dipping Sauce	12	
		Ranch Dressing	1	Mashed Potatoes	15	English Muffin	12	Seasoned Fries	20	
		Celery Sticks	2	Baby Carrots	8	Tater Rounds	19	Diced Peaches	13	
		Mandarin Oranges	17	Raisels	26	Wango Mango Juice	13	100% Juice Cup	15	
		Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	21	Milk (assorted)	15	

Prices

 Lunch: \$2.75
 Milk: \$0.40

Menu subject to change.

 Advance notice will be given when possible.
 When viewing menu online click any individual item to view full nutritional information.

Disclaimer About Carbs

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.

Alternate Options

 Pasta Bar
 Sandwich Bar
 Pizza Selection
 Chicken Selection