

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>	
Orange Chicken	19	Cheese French Bread	33	Popcorn Chicken	16	French Toast Sticks	22	Big Daddy Pepperoni Pizza	34
Rice	45	Red Dipping Sauce	14	BBQ Sauce	9	Pancake Syrup	30	Dragon Punch	13
Cherry Tomatoes	2	Tater Rounds	19	Sweet Potato Fries	19	Gripz Mini Grahams	19	Zucchini Slices	2
Red Delicious Apple	28	Orange Wedges	21	Lima Beans	7.5	Tater Rounds	19	Ranch Dressing	1
Fresh Spinach Salad	10	Milk (assorted)	15	Chilled Pears	14	Chickpeas	10	Banana	29
				Milk (assorted)	15	Milk (assorted)	13/15	Milk (assorted)	15
<b>8</b>		<b>9</b>		<b>10 **Fruit Gummy Day**</b>		<b>11</b>		<b>12</b>	
Macaroni and Cheese	31	Hot Dog	1	Hamburger	2	Taco in a Cup	32	Bosco Sticks	30
Romaine Salad / Ranch	3/1	WG Bun	27	WG Bun	27	Salsa	8	Red Dipping Sauce	14
Broccoli	2	Potato Wedges	22	Sweet Corn	17	Refried Beans	10	Cherry Smooth SideKick	25
Craisins Strawberry	28	Diced Tomatoes	2	Black Bean Salsa	11	Orange Wedges	21	Applesauce	15
Milk (assorted)	15	Fruit Slushie	20	Raisels	36	Milk (assorted)	15	Milk (assorted)	15
		Milk (assorted)	15	Milk (assorted)	15				
<b>15</b>		<b>16 **Fruit Gummy Day**</b>		<b>17</b>		<b>18 ***Student Selection***</b>		<b>19</b>	
Cheese Sticks	33	Philly Steak	3	Popcorn Chicken	16	Corn Dog Nuggets	22	Big Daddy Cheese Pizza	34
Red Dipping Sauce	12	WG Bun	27	Smiley Potatoes	24	Kale Chips*	3	Broccoli	2
Cucumber Slices	0	Spaghetti Sauce	14	Edamame	9	Fresh Spinach Salad	5	Baby Carrots	3
Ranch Dressing	1	Sweet Corn	9	Diced Peaches	13	Baked Beans	15	Ranch Dressing	1
Chilled Pears	14	Applesauce	15	Milk (assorted)	15	Golden Delicious Apple	22	Orange Wedges	21
Milk (assorted)	15	Milk (assorted)	15			Milk (assorted)	15	Milk (assorted)	15
<b>22</b>		<b>23 **Lucky Tray Day**</b>		<b>24</b>		<b>25</b>		<b>26</b>	
Rotini Pasta	41	Pancakes with Syrup	30/30	Chicken Patty	16	Pizza Selection		Chef's Selection	
Meatballs	5	Sausage Patty	1	WG Bun	27	Chef's Selection		Assorted Sandwiches	
Spaghetti Sauce	14	Romaine Salad / Ranch	3/1	Chef's Selection					
Edamame	3	Celery Sticks	1						
Chilled Pears	14	Mandarin Oranges	17						
Milk (assorted)	15	Milk (assorted)	15						

**Prices**

 Lunch: \$2.75  
 Milk: \$0.40

**Menu subject to change.**

 Advance notice will be given when possible.  
 When viewing menu online click any individual item to view full nutritional information.

**Disclaimer About Carbs**

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.

**Alternate Options**

Mon	Mini Pancakes & Ham	44	Chef's Salad with Turkey & Cheese	26
Tue	Nachos Supreme	42	Cheese Sandwich on WG Bread	32
Wed	Pizza	43	Yogurt Lunch	47
Thu	Chicken Nuggets	16	Turkey Sandwich on Gold Fish Bread	23
Fri	Hot Dog	28		

\*\*\*Thank you to Martin Elementary



School Students McKenna Kearney and Rebecca Rocks for working with us to add kale chips to the menu this month!\*\*\*