

Bullying Prevention & Curriculum

One of Huntley 158's priorities is to create a safe, equitable and non-hostile learning environment. As a district, we aim to prevent instances of bullying before they occur through explicit teaching of school/classroom expectations, social skills, digital citizenship, reinforcement and recognition of positive student behavior and embedded social emotional learning instruction aligned with the Illinois State Board of Education's Social Emotional Learning Standards.

Curriculum Focus - Elementary (PK-5)

Effective bullying prevention requires a multi-pronged effort. This document focuses on how our curriculum develops social-emotional skills of children. These skills enable children to be socially competent citizens within the school environment and help build an overall positive climate within school. Attention to these skills will support the development of children who are ready to learn and contribute to a safer environment.

Self Awareness	Self Management	Bullying Education	Social Awareness	Relationship Skills	Responsible Decision Making
Focus on how learners can recognize their feelings and thoughts and learn to understand how those influence their behavior.	Focus on the process we use to regulate and cope with our emotions as well as motivate ourselves and perform throughout our day.	Focus on students' responsibilities to recognize, report, and refuse bullying as well as the different roles that people play in situations.	Focus on how we promote kindness and equity and how we value and treat others, especially others who may be different from us.	Focus on how we develop the interpersonal skills needed to establish and maintain positive relationships.	Focus on how we help students demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Timeline for Lessons - Elementary (PK-5)

August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May
Self Awareness	Self Management	Bullying Education		Social Awareness		Relationship Skills		Responsible Decision Making	

Curriculum Focus - Secondary (6-12)

At the secondary level, social emotional learning and proactive bullying curriculum is delivered either through integrated curriculum in the classroom or through structures such as **Advisory, Raider Way, and Physical Education class**.

Lessons development includes a combination of teacher created materials and research based curriculum. A primary curriculum resource is RULER. RULER, an acronym for the five skills of emotional intelligence (recognizing, understanding, labeling, expressing, and regulating) is the evidence-based approach to social and emotional learning developed at the Yale Center for Emotional Intelligence.

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Timeline for Lessons - Secondary (6-12)

August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May
Self Awareness, Social Awareness	Self Management	Bullying Education		Self Awareness, Self Management		Self Management		Relationship Skills, Responsible Decision Making	

Schools may each address the issue of bullying prevention through slightly different activities and instructional strategies, but it is important to note that all schools address Social Emotional Learning Standards and that prevention education is delivered in a developmentally appropriate manner.

Examples include: Champs, Second Step, RULER, Everyday Speech, classroom circle discussions, Raider Way lessons and Advisory lessons

Please contact your student(s)' specific school if you have questions about these lessons and activities.